

EMCAS - East Midlands

Woodlands Office Suite, Woodlands, Grimsby Road, Louth, LN11 0SX

Telephone Number: 01507499076



SuperAdmin: Sadie Harness

Form Title: Meals on Wheels Booking form

Completed By: Harness, Sadie

Completed Date: 05/03/2025 16:16

Meals on Wheels Booking form

EMCAS Meals are delivered daily, hot and fresh straight to your door by our friendly team.

All our meals are homecooked and prepared using the best ingrediency available.

Every dish is cooked on the day and delivered straight to your home ready for you to tuck into.

You can order your meals for the day or the week, either way they will be delivered fresh, hot and ready to eat daily.

To order meals, please call 01507 499076

Rural areas may incur a very small delivery surcharge.

Payment can be by card over the phone, bank transfer or cash on delivery.

Delivered fresh and daily straight to your door

Name of person:	Sadie-Ann Harness
Address of where the meal is to be delivered:	Woodlands Office Suite, Woodlands, Grimsby Road, Louth, LN11 0SX
Telephone Number:	0784352
Do you have any dietary requirements or allergies we need to be aware of	No
Description	-
Date:	2025-03-05

Monday's Menu

We are serving	<ul style="list-style-type: none">✓ Liver and Bacon served with Mash and Vegetables £9.25✓ Fish Pie served with Mash and Vegetables £9.25✓ Scampi served with chips, peas and salad £9.95✓ Lasagne served with chips, peas and salad £9.95✓ Fishcake served with chips, peas and salad £9.95✓ Traditional Breakfast includes egg, bacon, sausage, tomatoes, beans and toast £8.50✓ Ham Salad £8.95✓ Jacket Potato £4.95
With your Jacket Potato you can choose to add for an extra £2	<ul style="list-style-type: none">✓ Beans✓ Cheese✓ Coleslaw
Add Dessert to this order for £4.50	Yes

Tuesday's Menu



We are serving

- ✓ Lincolnshire Sausage served with Mash, Vegetables and Gravy £9.25
- ✓ Scampi served with chips, peas and salad £9.95
- ✓ Lasagne served with chips, peas and salad £9.95
- ✓ Fishcake served with chips, peas and salad £9.95
- ✓ Traditional Breakfast includes egg, bacon, sausage, tomatoes, beans and toast £8.50
- ✓ Ham Salad £8.95
- ✓ Jacket Potato £4.95

With your Jacket Potato you can choose to add for an extra £2

- ✓ Beans
- ✓ Cheese
- ✓ Coleslaw

Add Dessert to this order for £4.50

Yes

Wednesday's Menu

We are serving

- ✓ Minced Beef Pie served with Mash, Vegetables and Gravy £9.25
- ✓ Ham served with egg, chips and peas £9.25
- ✓ Scampi served with chips, peas and salad £9.95
- ✓ Lasagne served with chips, peas and salad £9.95
- ✓ Fishcake served with chips, peas and salad £9.95
- ✓ Traditional Breakfast includes egg, bacon, sausage, tomatoes, beans and toast £8.50
- ✓ Ham Salad £8.95
- ✓ Jacket Potato £4.95

With your Jacket Potato you can choose to add for an extra £2

- ✓ Beans
- ✓ Cheese
- ✓ Coleslaw

Add Dessert to this order for £4.50

Yes

Thursday's Menu

We are serving

- ✓ Chicken Casserole with dumplings served with Mash, Vegetables and Gravy £9.25
- ✓ Beef Stew with dumplings served with Mash, Vegetables and Gravy £9.25
- ✓ Scampi served with chips, peas and salad £9.95
- ✓ Lasagne served with chips, peas and salad £9.95
- ✓ Fishcake served with chips, peas and salad £9.95
- ✓ Traditional Breakfast includes egg, bacon, sausage, tomatoes, beans and toast £8.50
- ✓ Ham Salad £8.95
- ✓ Jacket Potato £4.95

With your Jacket Potato you can choose to add for an extra £2

- ✓ Beans
- ✓ Cheese
- ✓ Coleslaw

Add Dessert to this order for £4.50

Yes

Friday's Menu

We are serving

- ✓ Fresh Grimsby Fish, Served with Chips

Choose one option

Mushy Peas

Portion Size

Small £8.50



- ✓ Scampi served with chips, peas and salad £9.95
- ✓ Lasagne served with chips, peas and salad £9.95
- ✓ Fishcake served with chips, peas and salad £9.95
- ✓ Traditional Breakfast includes egg, bacon, sausage, tomatoes, beans and toast £8.50
- ✓ Ham Salad £8.95
- ✓ Jacket Potato £4.95

With your Jacket Potato you can choose to add for an extra £2

- ✓ Beans
- ✓ Cheese
- ✓ Coleslaw

Add Dessert to this order for £4.50

Yes

Saturday's Menu

We are serving

- ✓ Cottage Pie Served with Vegetables and Gravy £9.25
- ✓ Scampi served with chips, peas and salad £9.95
- ✓ Lasagne served with chips, peas and salad £9.95
- ✓ Fishcake served with chips, peas and salad £9.95
- ✓ Traditional Breakfast includes egg, bacon, sausage, tomatoes, beans and toast £8.50
- ✓ Ham Salad £8.95
- ✓ Jacket Potato £4.95

With your Jacket Potato you can choose to add for an extra £2

- ✓ Beans
- ✓ Cheese
- ✓ Coleslaw

Add Dessert to this order for £4.50

Yes

Sunday's Menu

We are serving

- ✓ Roast Beef served with Mash, Roast Potatoes, Vegetables and Gravy £10.95
- ✓ Roast Pork served with Mash, Roast Potatoes, Vegetables and Gravy £10.95
- ✓ Roast Lamb served with Mash, Roast Potatoes, Vegetables and Gravy £10.95
- ✓ Roast Turkey served with Mash, Roast Potatoes, Vegetables and Gravy £10.95

Add Dessert to this for £3

Yes

Week you would like meals delivered

2025-03-17

Confirmation and Payment

One of our team will contact you to confirm and arrange payment

Card Payment

Created On:

05/03/2025 16:16