EMCAS - East Midlands

Woodlands Office Suite, Woodlands, Grimsby Road, Louth, LN11 0SX

Telephone Number: 01507499076



SuperAdmin: Sadie Harness Form Title: Meals on Wheels Booking form

Completed By: Harness, Sadie Completed Date: 05/03/2025 16:16

Meals on Wheels Booking form

EMCAS Meals are delivered daily, hot and fresh straight to your door by our friendly team.

All our meals are homecooked and prepared using the best ingrediency available.

Every dish is cooked on the day and delivered straight to your home ready for you to tuck into.

You can order your meals for the day or the week, either way they will be delivered fresh, hot and ready to eat daily.

To order meals, please call 01507 499076

Rural areas may incur a very small delivery surcharge.

Payment can be by card over the phone, bank transfer or cash on delivery.

Delivered fresh and daily straight to your door

Name of person:	Sadie-Ann Harness
Address of where the meal is to be delivered:	Woodlands Office Suite, Woodlands, Grimsby Road, Louth, LN11 0SX
Telephone Number:	0784352
Do you have any dietary requirements or allergies we need to be aware of	No
Description	-
Date:	2025-03-05
Monday's Menu	
We are serving	 ✓ Liver and Bacon served with Mash and Vegetables £9.25 ✓ Fish Pie served with Mash and Vegetables £9.25 ✓ Scampi served with chips, peas and salad £9.95 ✓ Lasagne served with chips, peas and salad £9.95 ✓ Fishcake served with chips, peas and salad £9.95 ✓ Traditional Breakfast includes egg, bacon, sausage, tomatoes, beans and toast £8.50 ✓ Ham Salad £8.95 ✓ Jacket Potato £4.95
With your Jacket Potato you can choose to add for an extra £2	✓ Beans✓ Cheese✓ Coleslaw

Tuesday's Menu

Add Dessert to this order for £4.50

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Yes

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With your Jacket Potato you can choose to add for an extra £2 Add Dessert to this order for £4.50 Wednesday's Menu We are serving We are serving With your Jacket Potato you can choose to add for an extra £2 Chicken We are serving With your Jacket Potato you can choose to add for an extra £2 Chicken We are serving We are serving With your Jacket Potato you can choose to add for an extra £2 Chicken We are serving We are serving With your Jacket Potato you can choose to add for an extra £2 Chicken We are serving Yes Chicken Casserole with dumplings served with Mash, Vegetables and Gravy £9.25 Beet Stew with dumplings served with Mash, Vegetables and Gravy £9.25 Beet Stew with dumplings served with Mash, Vegetables and Gravy £9.25 Scampi served with chips, peas and saled £9.95 Vistages served with hips, peas and saled £9.95 Vistages served with chips, peas and saled £9.95 Vistages served with chip	We are serving	 ✓ Lincolnshire Sausage served with Mash, Vegetables and Gravy £9.25 ✓ Scampi served with chips, peas and salad £9.95 ✓ Lasagne served with chips, peas and salad £9.95 ✓ Fishcake served with chips, peas and salad £9.95 ✓ Traditional Breakfast includes egg, bacon, sausage, tomatoes, beans and toast £8.50 ✓ Ham Salad £8.95 ✓ Jacket Potato £4.95
We are serving We are serving We are serving We are serving With your Jacket Potato you can choose to add for an extra £2 Chicken Casserole with dumplings served with Mash, Vegetables and Gravy £9.25 Ham sarved with chips, peas and salad £9.95 Lasagne served with chips, peas and salad £9.95 Traditional Breakfast includes egg, bacon, sausage, tomatoes, beans and toast £8.50 What Salad £8.95 Jacket Potato you can choose to add for an extra £2 Chicken Casserole with dumplings served with Mash, Vegetables and Gravy £9.25 Seampl served with pease and salad £9.95 Chicken Casserole with dumplings served with Mash, Vegetables and Gravy £9.25 Seampl served with pease and salad £9.95 Fish casserole with chips, peas and salad £9.95 Fish chase served with chips, peas and salad £9.95 Fish chase served with chips, peas and salad £9.95 Fish chase served with chips, peas and salad £9.95 Fish chase served with chips, peas and salad £9.95 Fish chase served with chips, peas and salad £9.95 Fish chase served with chips, peas and salad £9.95 Fish chase served with chips, peas and salad £9.95 Fish chase served with chips, peas and salad £9.95 Fish chase served with chips, peas and salad £9.95 Fish chase served with chips, peas and salad £9.95 Fish chase served with chips, peas and salad £9.95 Fish chase served with chips, peas and salad £9.95 Fish chase served with chips, peas and salad £9.95 Fish chase served with chips, peas and salad £9.95 Fish chase served with chips, peas and salad £9.95 Fish chase served with chips, peas and salad £9.95 Fish chase served with chips, peas and salad £9.95 Fish chase served with chips, peas and salad £9.95 Fish chase served with chips, peas and salad £9.95 Fish chase served with chips, peas and salad £9.95 Fish chase served with chips, peas and salad £9.95 Fish chase served with chips, peas and salad £9.95 Fish chase served with chips, peas and salad £9.95 Fish chase chase served with chips, peas and salad £9.95 Fish chase chase served with chips, peas and		✓ Cheese
We are serving V Minced Beef Pie served with Mash, Vegetables and Gravy £9.25 V Ham served with chips, peas and salad £9.95 V Eshibates served with chips, peas and salad £9.95 V Fishicates served with chips, peas and salad £9.95 V Fishicates served with chips, peas and salad £9.95 V Fishicates served with chips, peas and salad £9.95 V Fishicates served with chips, peas and salad £9.95 V Fishicates served with chips, peas and salad £9.95 V Fishicates served with chips, peas and salad £9.95 V Fishicates served with chips, peas and salad £9.95 V Beans V Chiese Colesiaw Ves Thursday's Menu V Chicken Casserole with dumplings served with Mash, Vegetables and Gravy £9.25 V Beef Stew with dumplings served with Mash, Vegetables and Gravy £9.25 V Beef Stew with dumplings served with Mash, Vegetables and Gravy £9.25 V Beef Stew with dumplings served with salar £9.95 V Lasagne served with chips, peas and salad £9.95 V Fishicate served with chips, peas and salad £9.95 V Fishicate served with chips, peas and salad £9.95 V Traditional Preadfast includes egg, bacon, sausage, tomatoes, beans and toast £8.50 With your Jacket Potato you can choose to add for an extra £2 With your Jacket Potato you can choose to add for an extra £2 Coleslaw Add Dessert to this order for £4.50 Yes Friday's Menu We are serving V Fresh Grimsby Fish, Served with Chips Choose one option Mushy Peas	Add Dessert to this order for £4.50	Yes
We are serving Very Ham served with cpips, peas and salad £9.95	Wednesday's Menu	
Add Dessert to this order for £4.50 Thursday's Menu Chicken Casserole with dumplings served with Mash, Vegetables and Gravy £9.25 Beef Stew with dumplings served with Mash, Vegetables and Gravy £9.25 Beef Stew with dumplings served with Mash, Vegetables and Gravy £9.25 Scampi served with chips, peas and salad £9.95 Lasagne served with chips, peas and salad £9.95 Traditional Breakfast includes egg, bacon, sausage, tomatoes, beans and toast £8.50 Ham Salad £8.95 Jacket Potato £4.95 With your Jacket Potato you can choose to add for an extra £2 Add Dessert to this order for £4.50 Yes Friday's Menu We are serving Fresh Grimsby Fish, Served with Chips Choose one option Mushy Peas	We are serving	 ✓ Ham served with egg, chips and peas £9.25 ✓ Scampi served with chips, peas and salad £9.95 ✓ Lasagne served with chips, peas and salad £9.95 ✓ Fishcake served with chips, peas and salad £9.95 ✓ Traditional Breakfast includes egg, bacon, sausage, tomatoes, beans and toast £8.50 ✓ Ham Salad £8.95
Thursday's Menu Chicken Casserole with dumplings served with Mash, Vegetables and Gravy £9.25 Beef Stew with dumplings served with Mash, Vegetables and Gravy £9.25 Scampi served with chips, peas and salad £9.95 Lasagne served with chips, peas and salad £9.95 Lisagne served with chips, peas and salad £9.95 Traditional Breakfast includes egg, bacon, sausage, tomatoes, beans and toast £8.50 Ham Salad £8.95 Jacket Potato £4.95 With your Jacket Potato you can choose to add for an extra £2 With sorder for £4.50 Yes Friday's Menu We are serving Fresh Grimsby Fish, Served with Chips Mushy Peas		✓ Cheese
✓ Chicken Casserole with dumplings served with Mash, Vegetables and Gravy £9.25 ✓ Beef Stew with dumplings served with Mash, Vegetables and Gravy £9.25 ✓ Scampi served with chips, peas and salad £9.95 ✓ Lasagne served with chips, peas and salad £9.95 ✓ Fishcake served with chips, peas and salad £9.95 ✓ Fishcake served with chips, peas and salad £9.95 ✓ Traditional Breakfast includes egg, bacon, sausage, tomatoes, beans and toast £8.50 ✓ Ham Salad £8.95 ✓ Jacket Potato £4.95 With your Jacket Potato you can choose to add for an extra £2 Add Dessert to this order for £4.50 Yes Friday's Menu We are serving ✓ Fresh Grimsby Fish, Served with Chips Choose one option Mushy Peas Particle Size And Served with Chips Particle Size And Ser	Add Dessert to this order for £4.50	Yes
We are serving ✓ Beef Stew with dumplings served with Mash, Vegetables and Gravy £9.25 ✓ Scampi served with chips, peas and salad £9.95 ✓ Fishcake served with chips, peas and salad £9.95 ✓ Fishcake served with chips, peas and salad £9.95 ✓ Traditional Breakfast includes egg, bacon, sausage, tomatoes, beans and toast £8.50 ✓ Ham Salad £8.95 ✓ Jacket Potato £4.95 With your Jacket Potato you can choose to add for an extra £2 ✓ Cheese ✓ Coleslaw Add Dessert to this order for £4.50 Yes Friday's Menu We are serving ✓ Fresh Grimsby Fish, Served with Chips Choose one option Mushy Peas	Thursday's Menu	
extra £2 Add Dessert to this order for £4.50 Friday's Menu We are serving Choose one option	We are serving	 ✓ Beef Stew with dumplings served with Mash, Vegetables and Gravy £9.25 ✓ Scampi served with chips, peas and salad £9.95 ✓ Lasagne served with chips, peas and salad £9.95 ✓ Fishcake served with chips, peas and salad £9.95 ✓ Traditional Breakfast includes egg, bacon, sausage, tomatoes, beans and toast £8.50 ✓ Ham Salad £8.95
Friday's Menu We are serving Fresh Grimsby Fish, Served with Chips Choose one option Mushy Peas		✓ Cheese
We are serving ✓ Fresh Grimsby Fish, Served with Chips Choose one option Mushy Peas	Add Dessert to this order for £4.50	Yes
Choose one option Mushy Peas	Friday's Menu	
Parties Circ	We are serving	✓ Fresh Grimsby Fish, Served with Chips
Portion Size Small £8.50	Choose one option	Mushy Peas
	Portion Size	Small £8.50

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Created On:	05/03/2025 16:16
Confirmation and Payment One of our team will contact you to confirm and arrange	Card Payment
Week you would like meals delivered	2025-03-17
Add Dessert to this for £3	Yes
We are serving	 ✓ Roast Beef served with Mash, Roast Potatoes, Vegetables and Gravy £10.95 ✓ Roast Pork served with Mash, Roast Potatoes, Vegetables and Gravy £10.95 ✓ Roast Lamb served with Mash, Roast Potatoes, Vegetables and Gravy £10.95 ✓ Roast Turkey served with Mash, Roast Potatoes, Vegetables and Gravy £10.95
Sunday's Menu	
Add Dessert to this order for £4.50	Yes
With your Jacket Potato you can choose to add for an extra £2	✓ Beans✓ Cheese✓ Coleslaw
We are serving	 ✓ Cottage Pie Served with Vegetables and Gravy £9.25 ✓ Scampi served with chips, peas and salad £9.95 ✓ Lasagne served with chips, peas and salad £9.95 ✓ Fishcake served with chips, peas and salad £9.95 ✓ Traditional Breakfast includes egg, bacon, sausage, tomatoes, beans and toast £8.50 ✓ Ham Salad £8.95 ✓ Jacket Potato £4.95
Saturday's Menu	
Add Dessert to this order for £4.50	Yes
With your Jacket Potato you can choose to add for an extra £2	✓ Beans✓ Cheese✓ Coleslaw
	 ✓ Scampi served with chips, peas and salad £9.95 ✓ Lasagne served with chips, peas and salad £9.95 ✓ Fishcake served with chips, peas and salad £9.95 ✓ Traditional Breakfast includes egg, bacon, sausage, tomatoes, beans and toast £8.50 ✓ Ham Salad £8.95 ✓ Jacket Potato £4.95

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